

EAS Newsletter

In this issue:

- **Education:** [Liver and lipids in cardiometabolic syndrome: our official joint session at ESC Congress 2024](#)
- **Collaborations:** EAS President-Elect Prof. Borge Nordestgaard showcases global engagement through key congresses
- **Society:** [Apply for an EAS Competitive grant before September 13](#)
- **Education:** [Reminder: don't miss our third EAS-LatAm webinar!](#)
- **Collaborations:** [Exploring the role of dietary lipids in ASCVD prevention: navigating guidelines](#)
- **Society:** EAS Calendar – August-September 2024

Education:

Liver and lipids in cardiometabolic syndrome: our official joint session at ESC Congress 2024



We are thrilled to invite you to our official joint session at **the ESC Congress 2024 in London**, where we will delve into the complex and critical topic of cardiometabolic syndrome.

This session, scheduled for **August 31 from 17:30 to 18:30 (London time)** aims to enhance understanding of cardiometabolic syndrome, including its definition and why it is a significant risk factor for cardiovascular disease.

Our expert speakers will explore the intricate relationships among steatotic liver disease, mixed dyslipidaemia, and isolated hypertriglyceridemia. We will also focus on improving treatment strategies for

cardiometabolic syndrome, addressing key questions such as whether there are specific treatments available or if we should concentrate on reducing all known cardiovascular risk factors.

Furthermore, the session will discuss the best approaches to treating cardiometabolic dyslipidaemia. Is the treatment similar to that of other forms of dyslipidaemia, or should there be an added emphasis on lowering plasma triglycerides?

Join us for this enlightening session. We look forward to seeing you in London for this discussion!

For more detailed information, including the list of speakers and titles of individual talks, click here:

[ESC-EAS Joint Session: Liver and lipids in cardiometabolic syndrome](#)

Collaborations:

EAS President-Elect Prof. Borge Nordestgaard showcases global engagement through key congresses





We're thrilled to share that our President-Elect, Prof. Børge Nordestgaard, has been busy representing us on the global stage!

He kicked things off at **the American Society for Preventive Cardiology (ASPC) Congress 2024**, where he gave a standout lecture and had a chance to meet Martha Gulati and ASPC President Michael Shapiro.

Just a few days later, Prof. Nordestgaard made his way to **the 2nd Vietnam Atherosclerosis Society Congress**, connecting with key Vietnamese colleagues such as VAS President Prof. Chu Tich, Dr. Kim Ngoc Thanh, and General Secretary Dr. Tran Hoa.

For more updates and highlights from these events, check out our social media pages. We'd love for you to see what's been happening!

Society:

Apply for an EAS Competitive grant before September 13

The banner features a dark teal background with white and pink text and icons. On the left, the text reads "Competitive grants for EAS members 2024" in white, with "2024" in pink. Below this is the EAS logo, which consists of a stylized circular graphic in red and yellow next to the letters "EAS" in white. On the right side, there are four pink rectangular boxes with white text and icons: 1. "CALL FOR APPLICATIONS 2024" with a microscope icon. 2. "Supporting early-career research projects" with an icon of three test tubes. 3. "APPLICATION DEADLINE: September 13, 2024" with a calendar icon. 4. "FIND OUT MORE AND APPLY AT eas-society.org" with an icon of a person at a computer.

Submit your application for an EAS Competitive Grant before the deadline on **September 13, 2024**. Ensure you carefully review the eligibility criteria, funding terms, and conditions listed below before applying.

If you have any questions, please feel free to contact us.

[Apply for Competitive grants for EAS members 2024](#)

Education:

Reminder: don't miss our third EAS-LatAm webinar!

The graphic features a dark green background with a white grid pattern. At the top, the title "Triglyceride-rich lipoproteins as contributors to residual risk" is written in a large, bold, white font. Below the title, there are three circular portraits of speakers. On the left, two portraits are shown side-by-side: Prof. Laura Schreier and Prof. Alberto Zambon. On the right, a single portrait is shown under the heading "Chair", which is Prof. Pablo Corral. Below the portraits, the date and time "Thursday, September 5 18:00-19:00 CET" are displayed in white. Underneath that, it says "Free registration" and "Language: English and Spanish". At the bottom right, there are two logos: SAL (Society for Atherosclerosis and Lipidology) and EAS LATAM (European Atherosclerosis Society Latin America).

Just a friendly reminder to join us for the third webinar in our EAS-LatAm series!

Our expert speakers will be covering:

The atherogenic potential of triglyceride-rich lipoproteins with Laura Schreier

The role of TG-rich lipoproteins in residual cardiovascular risk with Alberto Zambon,

We look forward to your participation and insightful discussions!

[To the registration page](#)

Collaborations:

Exploring the role of dietary lipids in ASCVD prevention: navigating guidelines



There is still an ongoing debate about the role of dietary lipids in the context of ASCVD prevention although there are clear guidelines for dietary recommendations. All recommendations including Mediterranean, DASH, Portfolio or plant-based diet aim to reduce the intake of unhealthy and to increase intake of healthy lipids. Among unhealthy lipids there are saturated and trans fatty acids; that are commonly found in red and processed meat including sausages, butter and cheese. Healthy lipids are monounsaturated and polyunsaturated fatty acids commonly found in vegetable and fish oil, seeds, nuts and whole grain products.

4. The role of dietary lipid quality for the prevention of atherosclerotic cardiovascular disease (ASCVD)

Society:

EAS Calendar – August-September 2024

From insightful webinars to groundbreaking announcements, this section is your gateway to staying connected and up-to-date with the latest developments within the EAS Society.

- **August 30 - September 2**, ESC Congress 2024, London
- **September 2 - October 14**, Call for Anitschkow Prize 2025 nominations
- **September 5**, LatAm-EAS: Triglyceride-rich lipoproteins as contributors to residual risk
- **September 13**, EAS Competitive Grant: deadline for the applications
- **September 20**, EAS Advanced Course in Rare Lipid Disorders, Slovenia
- **September 27**, EAS Advanced Course in Rare Lipid Disorders, Greece